

Job Aid: MSK WRIST and HAND Protocol		
Division: SLH,SNGH	Manual:	Locations: Radiology Ultrasound
Original Date: 3/04/14	Section:	
Owner: Imaging Operations		
Approved By: Richard Thomas, MD, Department Chief, Adam Specht, MD		Revision Date: 3/04/14, 1/20/17, 2/06/2020

WRIST AND HAND

General

Patient sitting with hands on table
 Usually focused examination in region of symptoms
 Transverse and longitudinal images as indicated
 Power imaging for areas of hypervascularity as needed
 Note any ganglion cysts with measurements in 3 planes
 Ulnar styloid should be evaluated for erosions if indicated

Wrist- Volar

Median nerve
 Ulnar nerve
 Flexor tendons
 Flexor digitor superficialis and profundus
 Flexor carpi radialis
 Volar aspect of wrist joints- fluid, synovitis, erosions
 Flexor retinaculum

Wrist- Dorsal

Dorsal aspect of wrist joints- fluid, synovitis, erosions
 Extensor and abductor tendons of the six wrist compartments
 Scapholunate ligament
 Triangular fibrocartilage complex
 Triangular fibrocartilage
 Extensor carpi ulnaris tendon sheath
 Meniscus homologue
 Dorsal and volar radiocarpal ligaments

Finger

Volar
 Flexor tendons
 Pulleys
 Volar plate
 Joint recesses- fluid, synovitis, erosions
 Hyaline cartilage
Dorsal
 Extensor tendon
 Joint recesses- fluid, synovitis, erosions
 Hyaline cartilage
Other
 Collateral ligaments

Related Documents:

<i>Policy</i>	N/A
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<i>Procedure</i>	N/A
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