Body MR protocols (MCR)

General Updates for June 2025

Vaginal gel for all GYN cancer (cervical or vaginal or endometrial cancer)

General Updates for July 2024

- All enterography in SUPINE position, NOT prone.
- Please send subtractions for all studies including MR pelvis
- Add T1 fat sat axial small FOV and T2 axial non-fat sat pre-contrast small FOV for MR pelvis if the indication is endometriosis (small FOV should be coverage similar to prostate MRI)
- MR pelvis-fibroid: should also have AXIAL precon T1 fat sat (LAVA/VIBE)
- Will start iron quantification sequences (in process, update in near future)

General Updates for March 2024

- Add T2 sagittal to renal protocol (some sites already doing this)
- Add NON fat sat axial T2 (not FIESTA) to enterography protocol (some sites already doing this)
- Please send subtractions

General Updates for January 2024

- Add T2 sagittal to renal protocol (some sites already doing this)
- Add NON fat sat axial T2 to enterography protocol (some sites already doing this)

Protocols

- <u>Abdomen/Pelvis</u>
- <u>Abdomen-Liver</u>
 - o Post-treatment
 - o Cholangiocarcinoma
 - o Eovist
- <u>Abdomen- Pancreas</u>
- <u>Abdomen- Adrenals</u>
- <u>Abdomen- Kidneys</u>
- Abdomen- Appendicitis (pregnancy)
- <u>MRCP</u>
- <u>Abdomen + MRCP</u>
- <u>Abdomen without contrast</u>
- Enterography
- Pelvis-Rectum
- Pelvis- Anal fistula
- <u>Prostate</u>
- Pelvis- Penile or Scrotum/testicles
- <u>Pelvis- Routine</u>
- Pelvis- Fibroids or Uterine Anomaly
- Pelvis- Cervical, vaginal, endometrial cancer
- Pelvis- pelvic floor or Defecogram
- Pelvic congestion
- Pelvis- Urethra (diverticulum)
- MR Urography
- <u>MRAs</u>
- <u>Chest</u>
- Chest MRA
- <u>Chest/Abdomen/Pelvis</u>

ABDOMEN + PELVIS COMBO

Coronal HASTE/SSFSE large FOV for both abdomen and pelvis (do not include
chest)Axial HASTE/SSFSEBOTH abdomen and pelvisAxial HASTE/SSFSE FSBOTH abdomen and pelvisAxial DIFFUSION/ADC (must go to B1000) BOTH Abdomen and PelvisAxial IN/OUT PHASE BHABDOMEN ONLYSagittal T2 FSE *PELVIS ONLYAxial T1 VIBE FS PRE BHBOTH abdomen and pelvis

Contrast

ABDOMEN ONLY axial T1 VIBE FS arterial 20 sec ABDOMEN ONLY axial T1 VIBE FS venous 40 sec ABDOMEN ONLY axial T1 VIBE FS venous 70 sec ABDOMEN ONLY axial T1 VIBE FS 3 min delay PELVIS ONLY axial T1 VIBE FS delay following abdomen ~4min ABDOMEN + PELVIS COMBINED Coronal T1 VIBE FS ~5 min delay

*this sagittal T2 sequence ONLY needs to be performed if there is a specific indication (female pelvic pain).

ABDOMEN-LIVER

Coronal SSFSE BH Axial SSFSE Axial SSFSE FS Axial diffusion Axial in/out Axial LAVA FS pre

Axial LAVA FS 20/40/70 Axial LAVA FS 3 min delay Axial LAVA FS 5 min delay

Special Situations

*HCC/Liver Treatment

Coronal LAVA FS delay -axial subtractions

*Cholangiocarcinoma

Axial LAVA FS 20 minute delay

*Eovist

Axial LAVA FS 20 min delay

ABDOMEN- Pancreas

Coronal SSFSE BH Axial SSFSE Axial SSFSE FS Coronal FIESTA FS Axial diffusion Axial in/out Axial LAVA FS pre

Axial LAVA FS 20/40/70 Axial LAVA FS 3 min delay

ABDOMEN- Adrenals

Coronal SSFSE BH Axial SSFSE Axial SSFSE FS Axial in/out Coronal in/out Axial LAVA FS pre diffusion/ADC

If contrast needed (per order or by radiologist- pheochromocytoma)

Axial LAVA FS 20/40/70 Coronal LAVA FS 3 min delay

ABDOMEN- Kidneys

Coronal SSFSE BH Sagittal SSFSE/HASTE Axial SSFSE Axial SSFSE FS Axial diffusion Axial in/out Axial LAVA FS pre

Axial LAVA FS 20/40/70 Axial LAVA FS 3 min delay Coronal LAVA FS 4 minute delay

ABDOMEN- Appendix (appendicitis in pregnancy)

Coronal SSFSE BH Axial SSFSE Axial SSFSE FS Sagittal SSFSE

Call rad to localize appendix/cecum and then do smaller FOV of that area

Axial T2 FS Coronal T2 SSFSE FS Axial FIESTA Axial in/out phase

MRCP

Coronal SSFSE Axial SSFSE Axial diffusion Coronal FIESTA FS Axial in/out Axial LAVA pre FS Coronal T2 FS 3D MRCP Coronal T2 FS Radial Coronal SSFSE FS thin Axial SSFSE FS thin

ABDOMEN + MRCP

Coronal SSFSE BH Axial SSFSE Axial SSFSE FS Axial diffusion Axial in/out Axial LAVA pre

Axial LAVA 20/40/70 Axial LAVA 3 min delay Axial LAVA 5 min delay

Coronal FIESTA FS Coronal T2 FS 3D MRCP Coronal T2 FS Radial Coronal SSFSE FS thin

ABDOMEN- WITHOUT

Coronal SSFSE BH Axial SSFSE Axial SSFSE FS Axial diffusion Axial in/out Axial LAVA FS pre

Enterography

• All enterography should be done in SUPINE position, NOT prone.

Coronal cine Coronal SSFSE BH Coronal FIESTA Axial SSFSE FS Axial T2 HASTE (NO fat sat) Axial FIESTA Axial diffusion Axial LAVA pre Coronal LAVA pre

Coronal LAVA post Axial LAVA post

Coronal LAVA 1 min delay Axial LAVA 1 min delay

Coronal LAVA 2 min delay Axial LAVA 1 min delay

RECTUM STAGING MRI

Sagittal T2 HASTE/SSFSE to find tumor site. CALL RADIOLOGIST TO CONFIRM SITE AND DETERMINE SCAN PLANE ANGLED TO LOCATION OF MASS.

LARGE FOV PELVIS T2 HASTE LARGE FOV PELVIS T1

<u>SMALL FOV ANGLED TO THE LOCATION OF THE MASS</u> : 3mm or thinner/ no gap, 12-20cm to cover the rectum segment of concern Sagittal, Axial oblique, Coronal oblique T2 FSE (NO FAT SAT!) VS. 3D T2 MPR thin reconstructed in axial, sagittal, coronal if scanner capable Diffusion to B1000, ADC (? oblique axial) Axial VIBE FS (? oblique) sagittal, Axial oblique, coronal oblique VIBE FS GAD

LARGE FOV pelvis True Axial VIBE FS GAD delay

*** Always give rectal gel, irresepctive of surgical status (e.g. colostomy), except if pt has no anal canal-rectum e.g. after APR abdominoperineal resection (as long as patient is agreeable)***

ANAL FISTULA MR

SMALL FOV LOWER RECTUM THROUGH LOW BUTTOCK SKIN ANGLED TO PLANE OF ANAL CANAL FOR ALL: 3mm / no gap, 12-20cm, CALL RADIOLOGIST IF QUESTION ABOUT COVERAGE/FISTULA LOCATION

Axial and Coronal T2 FSE Axial and Sagittal STIR Axial T1 Axial T1 VIBE FS Axial, Sagittal, and Coronal T1 VIBE FS GAD

PROSTATE MRI

LARGE FOV pelvis T1

SMALL FOV SEQUENCES (TRUE AXIAL): 3 mm or thinner/ no gap, 12-20cm to cover entire prostate and seminal vesicles Axial, Sagittal, Coronal T2 FSE (NO FAT SAT!) Diffusion to at least B1500 ADC map Axial VIBE FS Axial VIBE FS GAD dynamic (immediate scanning at injection, ~7sec/acquisition, for 2 min)

PENILE OR TESTICLE/SCROTUM MRI

POSITIONING: Patient supine w/ towel between upper thighs to elevate scrotum. Dorsiflexed penis placed vertically against midline anterior abdominal wall & taped to prevent motion. Scan plane angled to position of the penis. Image penis through scrotum. 3/5 in. surface coil

Axial, sagittal, coronal T2 FSE in plane of penis Axial T1 Axial T2 HASTE FS DWI to B1000, ADC Axial T1 VIBE FS Axial, Sag T1 VIBE FS GAD Axial T1 IN/OUT of phase

If history is TRAUMA then add: Sagittal T2 FS

Routine pelvis (male or female)

If indication is endometriosis: Add T1 fat sat axial small FOV and T2 axial non-fat sat pre-contrast small FOV for MR pelvis (small FOV should be coverage similar to prostate MRI)

coronal T2 HASTE axial T2 HASTE axial T2 HASTE FS

axial T1 TSE

axial diffusion

axial T2 TSE sagittal T2 TSE coronal T2 TSE

axial VIBE FS pre axial VIBE FS post coronal VIBE FS post sag VIBE FS post

Pelvis – fibroids

Sag T2 TSE Axial T2 TSE- oblique to uterus Coronal T2 TSE- oblique to uterus

Axial T2 HASTE Axial T2 HASTE FS Axial T1 TSE

Axial diffusion

Axial VIBE FS pre Sagittal VIBE FS post – 15 seconds, 1 min, 2 min Coronal VIBE FS post Axial VIBE FS post

Pelvis- Cervical, Vaginal, Endometrial Cancer

Vaginal gel for all GYN cancer (cervical or vaginal or endometrial cancer)

Sagittal T2 HASTE/SSFSE to find site of interest (cervix, vagina, endometrium). Angle scan plan to the specific area/mass. Please call radiologist if any questions.

LARGE FOV PELVIS T2 HASTE LARGE FOV PELVIS T1

<u>SMALL FOV ANGLED TO THE LOCATION OF THE MASS</u>: 3mm or thinner/ no gap, cover area of concern Axial, Sagittal, Coronal T2 FSE (NO FAT SAT!) Diffusion/ADC (with gel in place, might need higher B value to avoid T2 shine through e.g. B1200 or B1400 - can be acquired or synthetic high B value) Axial VIBE Fat sat precontrast Axial, sagittal, coronal VIBE FS GAD

LARGE FOV pelvis Axial VIBE FS GAD delay

Pelvis: Pelvic floor dysfunction or defecogram

Pelvic Congestion

Pelvic Congestion:1.5T -coverage: abdomen (above renal vessels + pelvis combined)

Sag HASTE Cor HASTE Ax HASTE Ax TRUFI Sag TRUFI Ax VIBE FS Ax TOF 2D Pelvis COR TWISTttf (start scan at same time as injection, every 6 seconds for 2 minutesfull venous phase) Ax VIBE FS 3 min Delay

Urethra:

Large FOV T2 HASTE AXIAL Pelvis 14cm FOV 3mm, 0 gap: Axial, Sagittal, Coronal T2 FSE

Axial T1 VIBE pre Axial, Sagittal, Coronal T1 VIBE post gad

Axial diffusion

MR Urography

-vigorous oral prehydration

3 plane localizer abdomen/pelvis Coronal SSFSE abdomen/pelvis Axial T1 A/P Axial RT FS FSE T2 A/P Axial 3D FS GRE precontrast ABDOMEN Axial and coronal 3D FS GRE postcon ABDOMEN (20 seconds, 45s, 5 min) Axial postcon pelvis (5 min delay) Opposed phase axial abdomen Axial abdomen post-processed Axial diffusion abdomen

Coronal 3D Nav (MRCP type) kidneys and ureters

Noncontrast fast for obstruction

Axial T1 A/P Axial SSFSE A/P Coronal 3D Nav (MRCP type) kidneys and ureters

MRA

1. Renal MRA

Axial and Coronal HASTE Axial and Coronal TRUFI Coronal 3D MRA FS Post Con (arterial) Axial VIBE FS post con Additional MRV Sequence: 3 mins post con Coronal 3D MRA

2. Mesenteric MRA

Axial and Coronal HASTE Axial and Coronal TRUFI Sagittal 3D MRA Post Con (arterial) Axial VIBE FS post con Additional MRV Sequence: 3 mins post con Sagittal 3D MRA

3. AAA MRA

Axial and coronal HASTE Axial and coronal TRUFI Coronal 3D MRA FS post con (arterial) Axial VIBE FS post con Coronal 3D MRA FS (3 minutes post)

Chest

Chest MRA

Axial and Coronal HASTE Axial and Coronal TRUFI Oblique Sagittal 3D MRA Post Con. "Candy Cane Aorta" plane. Obliqued to the direction of the aorta arch. Axial VIBE FS post con Additional MRV Sequence: 90 seconds post con Coronal 3D MRA

Chest MR

Axial and Coronal HASTE Axial and Coronal TRUFI Axial T1 VIBE Precontrast Axial T1 in and out of phase Axial Diffusion Oblique Sagittal "Candy Cane" 3D MRA Axial Postcontrast T1 VIBE

Chest/Abdomen/Pelvis

Coronal SSFSE- chest Coronal SSFSE- A/P Axial SSFSE- CAP Axial SSFSE FS- CAP Axial diffusion- abdomen Axial in/out- chest/abd Axial LAVA FS pre- CAP

Axial LAVA FS 20/40/70- abdomen Axial LAVA FS chest Axial LAVA FS 3 min delay- abdomen Axial LAVA FS delay- pelvis

Axial FIESTA if non-con